UNDERHILL
F.R.C.S. (EDIN.) D.P.H., M.R.S.I.
MEDICAL HEALTH OFFICER

(H.D. 14)

PHONE SEYMOUR 3270

Health Department
150 HASTINGS ST., E.
VANCOUVER, B. C.

Mr Plant

Baking Powder

The Baker and Confectioner. Dec 1915

S.A.S.
~~B.S.A.~~ = Sodium, aluminic Sulphate.
Plaster of paris is used as a filler

The two great substitutes for cream of Tartar are
Phosphate and S.A.S.

Formula for phosphate Baking powder

Bi Carb Soda	=	300 lbs	@ 1½ c = 4 50
Acid phosphate	=	500 "	" 7 " 35.00
Starch	"	200 "	" 4 " 8.00

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Formula = mixed S.A.S. & phosphate

350 lbs soda
240 " phos
240 " SAS
190 " Starch

(leaves cake & bitter after taste which cannot be tolerated)
as S.A.S. powd works up tough, leaves a bitter taste & produces a grey look when cake breaks open

Straight S A S powders.

450 lbs soda (leaves a sweet taste in cakes)
400 " S A S
150 " Starch (Corn)

New Filler is ~~usually~~

$\frac{1}{4}$ starch
$\frac{1}{4}$ flour
Balance plaster of Paris

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A good formula without taste is

Soda	3½ lbs
Phos	2½ "
SAS	½ "
Cream of Tartar	1 lb
Starch corn	1 "

Common lump alum or S.A.S. works the same in dough

All phosphate is standardized with starch so as to contain 45 to 55% active phosphate

SAS.

The formula actually would read 35. soda, 10 lbs active phosphate, 20 lbs S.A.S. for SAS contains an added filler

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A good formula without a taste is

3 1/4 lbs Phos
2 1/2 · SAS
1/2 · Cream of Tartar